

**LEDYARD REGIONAL VISITING NURSE AGENCY  
ANNUAL REPORT 7/1/20 – 6/30/21**

Ledyard Regional Visiting Nurse Agency has been serving the residents of Ledyard and Gales Ferry for 74 years.

*Home Care “We Can Help You Stay Home”*

Home care helps those who cannot yet help themselves. We care for the elderly, disabled, uninsured and chronically ill, while maintaining dignity and promoting independence. Available 24 hours a day, we provide specialized services and personalized care plans to meet the needs of the patient.

In the 2020 – 2021 year, home care services were provided to 314 individuals and families (273 in 2019-20). The age of patients served was from 25 to 103 years. For the year, there were 308 admissions (306 in 2019-20) and 319 discharges (296 in 2019-20). Ledyard RVNA provided \$7,106.06 in care and services to those without a payor source (\$4,732.36 in 2019-20).

Total Visits by Discipline

	<b>Number of Visits 18-19</b>	<b>Patients Served 18-19</b>	<b>Number of Visits 19-20</b>	<b>Patients Served 19-20</b>	<b>Number of Visits 20-21</b>	<b>Patients Served 20-21</b>
Skilled Nursing	2,454	268	2,885	269	3,017	319
Physical Therapy	1,439	194	1,444	202	1,305	220
Occupational Therapy	474	74	318	59	58	19
Speech/Language	24	6	15	5	20	3
Medical Social Work	24	22	18	16	2	1
Home Health Aide	1,408	66	1,214	55	861	69

**Total visits for all services:    2020-2021=5,263          2019-2020=5,894          2018-2019 = 5,823**

Overall, there were 631 less home care visits made in 2020 – 2021 than in the previous year.

*School Nurses Support Student Success*

School nursing is a specialized practice of professional nursing that advances the well-being, academic success, and lifelong achievement of students. School nurses promote health and safety, intervene with actual and potential health problems, provide case management services, and actively collaborate with others to build student and family capacity for adaptation, self-management, self-advocacy, and learning. (NASN 1999)

COVID-19 shut down schools in March 2020. The school nurses continued to work in their offices until June. The school health assistants were laid off.

Ledyard continues to have five full-time school nurses, three per diem school nurses and four part-time health assistants. Dental services through the SMILES program of United Community and Family Services remain in every school.

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Due to the pandemic, schools were operating on a hybrid model with school buildings closed on Wednesdays for deep cleaning. All schools remained opened. In May, the elementary schools returned to in-person learning full time.

### *Community Health Programs "We Care"*

LRVNA cares for the community. Due to COVID, the annual flu clinic was not held at the Senior Center. 35 doses were administered to elderly residents and staff members.

Monthly blood pressure clinics at the Senior Center were also put on hold.

LVES (Ledyard Volunteer Emergency Services) Clinics are held every other month. Attendance varies between 3 – 8 individuals per clinic. Physicals include: EKGs, spirometry, hearing, vision, vital signs, Tb testing and Hepatitis B vaccinations. Spirometry testing was not conducted during the pandemic. There were 22 attendees at the clinics throughout the year (16 in 2019-20).

In addition, yearly PPD clinics are held at Gales Ferry Fire House and Ledyard Fire House to accommodate the needs of their members.

### EMERGENCY MANAGEMENT – Pandemic Health

March 2020, COVID-19 impacted schools and the community. Ledyard Regional VNA worked closely with the Ledge Light Health District for education and training.

Home Care nurses and office personnel were deemed essential workers and worked through Town Hall closure. PPE was distributed by the Department of Public Health every Thursday at the Mohegan Sun. Gowns, gloves, masks (N95, KN95), face shields and hand sanitizer were given. 15 patients tested positive before being admitted to LRVNA. 2 patients died in the hospital. 1 staff member also tested positive.

The Millstone drill was put on hold due to the pandemic.

POTASSIUM IODIDE (KI) - LRVNA distributes KI to the town through the office.

CPR/AED – is done online with skills taught in person after the pandemic.

### ***Budget***

Munis is the Town's financial software. LRVNA has two budgets for operation: one for public health nursing and one for school nursing.

The public health nursing budget funds the entire home health care program, all community health programs, the Town's Medical Director, employee/volunteer health services, vaccines and clerical services.

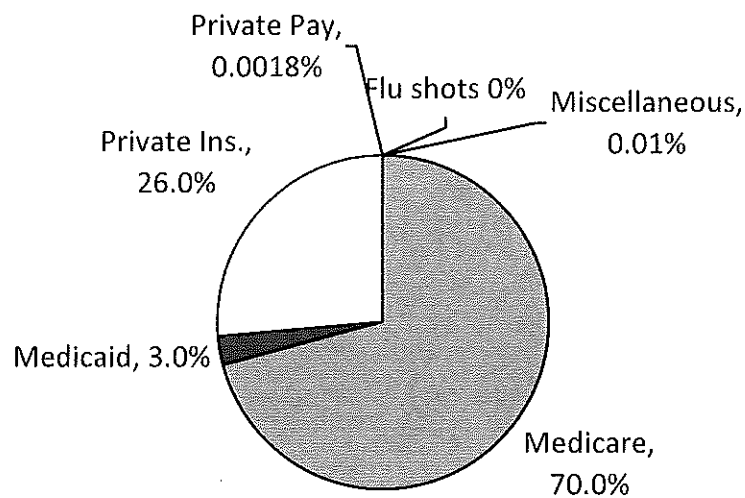
The budget adopted by the Town for Public Health Nursing (Home Care) for 2020– 2021 was \$857,272. Of this amount, \$731,404.96 was expended and \$125,866.69 was given back to the General Fund. Projected income for 2020-21 was \$835,000.

**Revenue**

**Revenue FY 2020-2021 (Unaudited)**

Medicare	608,651.63	70%
Medicaid	23,755.79	3%
Private Insurance (managed Medicare & others)	229,154.82	26%
Private Pay	1,600	.0018%
Miscellaneous – office visits, CPR classes, Cares Act	6,611.12	.01%
Flu shots	607.51	0%
<b>TOTAL</b>	<b>870,380.87</b>	

**Revenue Sources 2020-2021 (Unaudited)**



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School Nursing Budget

The School Nursing budget of the Ledyard Regional VNA covers the cost of the school nursing staff, school health assistants and staff education. School nurse room supplies and equipment are in the Board of Education budget.

Budget 2020-21	7/1/20	\$386,827
Expenditures	6/30/21	\$293,598.16

Due to COVID and laying off of school health assistants, the budget was under by \$93,228.84.

***Donations***

\$1,300 was received during the year from donations and memorial contributions. Several families designated LRVNA as the recipient of donations in memory of a loved one. Contributions are put into a separate Patient Donation Account and used to assist patients in need of supplies and equipment.

***LRVNA Board 2020 – 2021***

Carli Colonna, Chair  
Colleen Miller, Finance Chair  
Jacquelyn Baudro, Secretary

Board Members

Mary Ellen Doblecki  
Heather France  
Joan Guarino  
Dr. Adrienne Parad

Marcia Reese  
Elizabeth Scott  
Mary Beth Warwick

Mary McGrattan is the Town Council liaison to the Nursing Board.

*Staff*

Joyce Adamcewicz, RN – CPR Instructor  
Nikki Allen, RN - school  
Robyn Beachy, BSN, RN – school  
Deneane Bentum, BSN, RN – school  
Erin Bustamante, RN - school  
Jenine Dorunda, PT  
Jean Dutton – Administrative Assistant  
Michelle Fiala, BSN, RN-per diem school  
Megan Gallant, MSN, RN – home care  
Peter Gates, MD – Medical Director  
Nancy Gillis – Fiscal Assistant II  
Karen Goetchius, MSN, RN, CHCE Administrative Supervisor  
Danya Hill, OTR  
Heather Leaf-per diem school RN  
Courtney LeBlanc, BSN, RN - home care/wound specialist  
Jillian Natale, school health assistant  
Krista Park, PT  
Dawn Piazza, RN – homecare  
Ellen Popinchalk - SLP  
Claire Rotchford, BSN, RN – home care  
Laura Ryder – CNA, home health aide  
Noreen Saccone - home health aide  
Rebecca Scahill, RN – homecare, Clinical Manager  
Lorraine Sheltry - school health assistant  
Sarah Treaster, BSN, RN-per diem school  
Annette Wehling – home health aide

Respectfully submitted,

Karen Goetchius, MSN, RN, CHCE  
Administrative Supervisor